

Inter-District Cross Country Championships Individual Medallists (U13 Girls)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Emma Nicholson	West	10.58	Millie Glass Park	East	11.00	Isla Madhra	East	11.18
2023-4	Imogen Birchall	East	9.47	Lucia Connell	East	9.57	Emilt Taylor	East	10.03
2022-3	Cerys Wright	East	12.12	Erin Burnett	West	12.32	Lucia Connell	East	12.39
2021-2	Lois Macrae	North	11.59	Freya Brown	East	12.11	Cerys Wright	East	12.21
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Mille McClelland Brooks	West	13.05	Olivia Warboys	West	13.10	Freya Campbell	West	13.10
2018-9	Anna Cairns	North	11.25	Grace MacDonald	North	11.30	Phoebe Armstrong	East	11.30
2017-8	Katie Johnson	East	11.38	Valencia Wright	West	11.43	Anya Morrison	North	11.58
2016-7	Anna Hedley	East	10.59	Valencia Wright	West	11.26	Emma Johnson	East	11.28
2015-6	Anna Hedley	East	11.18	Lily Evans-Haggerty	West	11.26	Kate Richardson	West	11.40
2014-5	Emma Frew	West	12:41	Heather Barnes	West	13:16	Alisha Sivell	West	13:26
2013-4	Sarah Tait	East	11:44	Emma Frew	West	11:48	Eloise Walker	East	11:50
2012-3	Erin Wallace	West	11:42	Danielle Kelly	West	11:52	Kate Gallacher	East	11:56
2011-2	Erin Wallace	West	13:07	Laura Stark	West	13:07	Holly Little	West	13:16
2010-1	Leia Glading	East	10:09	Emma Mitchell	West	10:16	Kirsten Oakley	West	10:16
2009-10	Kathryn Gillespie	East	11:32	Chloe Cowan	West	11:50	Gwen Gillham	West	12:01
2008-9	Kathryn Gillespie	East	09:52	Eilidh Prise	East	10:05	Rosanna Stewart	East	10:14
2007-8	Kathryn Gillespie	East	10:48	Kate Murdoch	East	11:06	Olivia McKenzie	East	11:08
2006-7	Alice Haining	East	13:52	Emily Owens	East	14:24	Kathryn Pennel	East	14:24
2005-6	Alice Haining	East	12:07	Ellie Buchan	East	12:20	Hollie Young	West	12:24
2004-5	Emily Stewart	East	12:58	Emily Dudgeon	East	13:05	Laura Goodson	East	13:06
2003-4	Eilish McColgan	East	13:04	Lauren Mackin	West	13:16	Lauren Cameron	West	13:26
2002-3	Lynsey Sharp	East	08:13	Eilidh Menzies	West	08:26	Eilish McColgan	East	08:35
2001-2	Briony Swanson	North	12:08	Lynsey Sharp	East	12:19	Stephanie Lyall	East	12:23
2000-1	Ashley Toner	East	14:01	Stephanie Lyall	East	14:15	Debbie Miller	West	14:24
1999-2000	Eilidh Child	East	13:46	Laura McPherson	West	14:01	Jennifer Emsley	West	14:11
1998-9	Claire Wilson	North	14:23	Jade Christie	East	50:00	Sharon Lamont	East	06:00
1997-8	Keir Danielle	West	12:04	Briony Curtis	East	12:09	Krystal Guiney	Nothern Ireland	12:13
1996-7	Lorna Paton	North	11:48	Krystal Guiney	Nothern Ireland	11:50	Emma Kerr	West	11:51
1995-6	Dennise Smith	West	11:50	Joanne Logie	North	11:52	Iona McIntyre	East	11:56
1994-5	Rachel Gibson	East	12:42	Joanne Logie	North	13:00	Jane McRorie	East	13:08
1993-4	Jennifer McLean	North	11.58	Isla Ross	North	12.18	Louise Campbell	North	12.21
1992-3	Sarah Liebnitz	North	7.46	Ann Hood	East	7.47	Debra Murray	East	7.50

